ENGLISH PROGRAM UNIT 6 - BASIC 1 / INU 111

**I.- ADVERBS OF FREQUENCY**

**Complete the sentences with the correct option.**

1. I play soccer every Saturday and Sunday. I \_\_\_\_\_\_\_\_\_\_\_\_ play soccer on weekends.
2. Always b) usually c) sometimes

1. Jared plays tennis once or twice a year. He \_\_\_\_\_\_\_\_ plays tennis.
2. Sometimes b) hardly ever c) never
3. Nina eats lunch in a restaurant once a month. She\_\_\_\_\_\_\_\_\_\_ eats lunch in a restaurant.
4. Almost always b) often c) sometimes

1. I do yoga six mornings a week. I \_\_\_\_\_\_\_\_\_\_\_do yoga in the morning.
2. Always b) almost always c) often
3. I only eat cake on my birthday. I \_\_\_\_\_\_\_\_\_\_ eat cake.
4. Sometimes b) almost always c) never
5. I play tennis after work on Tuesdays and Thursdays. I go to the gym on Mondays and Wednesdays. On Fridays, I go home after work. I \_\_\_\_\_\_\_\_\_\_\_\_\_\_ exercise after work.
6. Often b) sometimes c) hardly ever

**II.- ADVERBS OF FREQUENCY AND QUESTIONS WITH *HOW***

**Choose the correct words and phrases to complete the conversation. There is one extra word or phrase.**

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| About an hour - How long - don’t - Do - How often |

**A:** ……………………… do you spend in the library?

**B:** ………………………………. a day.

**A:** ……………………….. you ever study on weekends?

**B:** No, I ………………. . I exercise or see my friends.

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| Sometimes - good - average - pretty well - ever |

**A:** Do you ……………………… go in-line skating?

**B:** Yes, I …………………………… go skating on weekends.

**A:** How …………………….. are you at skating?

**B:** About ……………………. .

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| --- |
| times - well - hardly - often - usually |

**A:** How………………………………. Do you work out?

**B:** Three …………………………….. a week.

**A:** Do you do aerobics?

**B:** I…………………….. ever do aerobics. I …………………. Lift weights.

**III.-**  **SPORTS AND EXERCISE**

**Match the verb with the corresponding sport or physical exercise.**

1. Have \_\_\_\_\_\_ yoga
2. Lift \_\_\_\_\_\_ bicycling
3. Do \_\_\_\_\_\_ a fitness program
4. Play \_\_\_\_\_\_ weights
5. Go \_\_\_\_\_\_ tennis